

Fiat 124 Tightening Torques for Engine				
Part			Torque (Nm)	kgm
Screw for flywheel on crankwell	M12	1,25	118	12
Nut for connecting rod screw	M10	1	49	5
Screw for camshaft wheel	M12	1,25	118	12
Screw for cylinder head on the crankcase	M10	1,25	83	8,5
Main bearing screws	M10	1,25	78	8
Nut for camshaft box	M12	1,25	113 (19,6)	11,5 (2)
Screw for crankshaft bearing cover	M10	1,25	80	8,2
Nut for pulley on crankshaft	M20	1,5	245	25
Nut for belt tensioner on the crankcase	M10	1,25	44	4,5
Nut for pin screw of suction and exhaust manifold on cylinder head	M8		25	2,5
Nut for pin screw of the lower alternator carrier on the crankcase	M10	1,25	43	4,4
Screw for upper retaining rail of the alternator on the crankcase	M10	1,25	71	7,2
Nut for alternator on the lower carrier	M10	1,25	43	4,4
Nut for alternator on the upper retaining rail	M10	1,25	44	4,5
Spark plugs	M14	1,25	37	3,8